



# ETA

## ETIWANDA TEACHERS ASSOCIATION



....representing the teachers of the Etiwanda Elementary School District

**Special points of interest:**

- Important Dates
- Mobile Kaiser
- Legal Briefs
- Making Charitable Contributions

Etiwanda Teachers Association Hotline

**(909) 276-8618**



**Welcome Back!**

*We hope that you have enjoyed your first weeks of school after enjoying a relaxing summer vacation.*

*With all the changes throughout the district from new school start times to traffic congestion at some sites, we must not forget that with each new school year comes new beginnings.*

*We must take time to reflect on our true purpose and why we choose to teach and work with children. It also allows us to reaffirm that we believe in what we do, and we know what a tremendous impact we can have. As we continue to strive for excellence in education, your ETA Executive Board wishes you a great 2011-2012 school year!*



**Important Dates**

September 15, 2011 - Salary Column Advancement

(due to district office)

**ETA Executive Board**

President

Sonya Scott

Vice President

John McCormack

Secretary

vacant

Treasurer

Christine Sabala

**ETA Membership**

Etiwanda teachers are the finest in the country and we are pleased that you have chosen to work with the Etiwanda Teachers Association (ETA). ETA is always available to help and support you at the local level. California Teachers Association (CTA) and National Educators Association (NEA) are your professional organizations at the state and national levels respectively.

ETA is the union that represents Certificated Employees in the Etiwanda Elementary School District. It exists primarily to protect and advance the professional and economic interests of its members. With over 600 hundred teachers, ETA is your advocate for providing a free, quality public education to all children. ETA as a local association of CTA ensures members a number of benefits: including low rates and substantial discounts on home loans, personal, life and car insurance, merchandise, travel and legal services.

Contact an ETA Executive Board member for any questions.

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## Group Legal Services Program FAQ



### What is a Group Legal Services (GLS) attorney?

GLS attorneys are a network of attorneys throughout California with their own law practices who provide legal services to CTA members. GLS attorneys are well-versed in education law and are familiar with issues that arise for teachers, e.g., credential problems, permanent teacher dismissals, RIFs, employment-related criminal charges, and probationary non-reelections.

### Are there other requirements for me to meet in order to be referred to a GLS attorney?

Yes. You must have been a CTA member at the time of the incident giving rise to the need for legal services and at the time the request for legal services is made. You must also keep your CTA membership current while receiving legal services.

### A family friend is an attorney. Can I see him/her and expect CTA to pay for it?

No. CTA will not pay for attorney services if the attorney is not a GLS attorney. CTA will not pay for the services of a GLS attorney if you bypass the CTA representative and contact a GLS attorney directly, i.e. a referral was not done by a CTA representative. You must go through your assigned CTA representative for every referral to a GLS attorney. Each referral has a unique number assigned to it. This number is how the GLS attorney bills CTA and how CTA tracks cases being handled by GLS attorneys.

To see a list of all the Frequently Asked Questions please refer to the CTA website. [www.cta.org](http://www.cta.org)



## KNOW YOUR CONTRACT!

### Article XI

*(B) Sick leave Unit members shall accrue sick leave at the rate of ten (10) days per year. Accrued but unused sick leave shall be carried forward from year to year. The District may require a physician's verification of illness for a unit member's absence of five (5) or more consecutive days. In addition, the District may require verification when misuse of sick leave is suspected. A physician's verification shall be made by a licensed medical doctor.*

*A unit member may utilize sick leave for absences necessitated by her pregnancy, miscarriage, childbirth and recovery there from, with a physician's verification.*

*(see contract for full description,. A copy can be found at [www.etiwandateachers.org](http://www.etiwandateachers.org))*

*Do you have a current copy of the current contract?*

*Copies of the contract are available online at [www.etiwandateachers.org](http://www.etiwandateachers.org) or*

*Visit Etiwanda School District Website.*



## Kaiser Launches its first mobile App.

*Kaiser Permanente announced the launch of its first mobile application, **KP Locator**. The app, available at no charge through the iPhone App Store, is just one element of Kaiser Permanente’s growing mobile strategy, which also includes the optimization of My health manager, Kaiser Permanente’s integrated personal health record on **kp.org**, for mobile devices later this year.*



*The Facility Directory on kp.org is one of Kaiser Permanente’s top five online tools with nearly six million visits in 2010. KP Locator combines the power of the robust directory and the iPhone’s GPS capabilities to make searching for KP facilities fast and easy for patients on the go. It answers three of the most basic, but vital, user questions thoroughly and simply—where are the Kaiser Permanente locations close to me, how can I contact and get to them, and what departments and services can I access there?*

*Do you have a suggestions for the ETA Newsletter or website?  
Please send your feedback to John McCormack, ETA Vice President  
[John\\_McCormack@etiwanda.org](mailto:John_McCormack@etiwanda.org)*



## EMAIL ETIQUETTE

*Etiwanda School teachers are expected to abide by acceptable rules of network etiquette as outlined in ESD Acceptable Use and Rules and Regulations Policy. These rules include, but are not limited to the following:*

- (A) **Be Polite** - never send or encourage others to send abusive messages.*
- (B) **Use Appropriate Language** - Never swear, use vulgarities, or any other inappropriate language.*
- (C) **Privacy** - Do not reveal your home address or phone number or the addresses or phone numbers of students or colleagues. Do not reveal other personal information, such as your age, marital status, financial information, your work address or telephone number, nor your parent’s work address or telephone number.*
- (D) **Electronic Mail** - The use of the district’s technology resources shall constitute express consent to being monitored.*
- (E) **Disruptions** - Do not use the network in any way that would disrupt use of the network by others. Do not read other users’ mail or files or attempt to interfere with other users’ ability to send or receive electronic mail. Do not attempt to read, delete, copy, modify, or forge other users’ mail.*
- (F) **Messages/ Bulletin Boards** - Never respond to messages or bulletin board items that are sexually suggestive, obscene, belligerent, threatening, or make you feel uncomfortable.*
- (G) **INFORMATION** Do not place unlawful information on any network system.*

## Stress Busters - How To Relax and Unwind



If you're like many Americans, you regularly find yourself stressed out. Here are several useful tips to help you relax and unwind...

1. Make Your Commute More Enjoyable - Listen to a favorite book on tape or CD.
2. Clear Your Mind - Take 3 to 5 minutes to close your eyes and breathe deeply. This will help you to clear your mind and eliminate stress.
3. Write It Down - If a life situation is making it difficult for you to relax, write about the incident. When you're done venting on paper, tear up the sheet and throw it away.
4. Establish A Ritual - Having a special routine that you follow every day can help you switch your mindset from work to home.
5. Exercise - Studies have shown that regular physical exercise helps reduce stress, anxiety and depression, and increases a person's general feelings of well-being.
6. Reduce Clutter - Take 5 minutes before you go to bed each night to tidy up your home or work space.
7. Listen To Music - Listening to your favorite music will calm nerves and reduce stress.
8. Avoid Over Scheduling - Schedule chores and errands for different nights, or save them for the weekend.
9. Bank Online - By taking advantage of FFCU's fast, easy and free Online Banking and Bill Payment, you'll have more time to spend relaxing with your family.

### Helpful Tips for Charitable Giving



*Charitable giving is a nearly \$250 billion industry, and everyone wants your money. Here are some tips to help you choose wisely when it comes to charitable giving:*

#### **Do:**

- *Keep records, including receipts, cancelled checks and bank statements*
- *Check out the organization to ensure it is legitimate*
- *Ask for information in writing about the charity's purpose, goals and finances*
- *Hang up on aggressive or harassing telephone solicitors*

#### **Don't:**

- *Give cash or checks made out to an individual instead of the charity*
- *Be fooled by imposters with names that closely resemble those of well-known organizations*
- *Be pressured to donate on the spot*

[www.etiwandateachers.org](http://www.etiwandateachers.org)

*This is your resource for the Etiwanda Teachers Association. You will find helpful links to many questions you may have. There is a copy of the contract as well as other contact information.*



**Check Out the ETA Logo**

**Order your ETA Gear today!**

Click on the link on the [ETA website](http://www.etiwandateachers.org) or visit the following link

<http://www.mylocker.net/california/etiwanda/etiwanda-teachers-association/index.html>